



Andrew D. Pope - Coaching Profile

Introduction

I am an in-demand professional coach and I currently provide coaching services for a diverse range of corporate and private clients. I love my work and the positive difference it makes.

I work with people, not corporate positions. I help people who are stuck to get unstuck. I help people get chaotic emotional situations under control. I help people get what they need to get done done. I help people move forward and help them get the very best from their life and work.



Style

My coaching approach is solution-focused and challenging yet supportive. I work quickly and effectively and my clients typically see exciting results emerging right from the off. I also aim to equip my clients with many self-coaching tools they can use for themselves moving forward.

What can you expect?

Coaching sessions may well be intense, challenging and deeply personal. The sessions will be highly interactive yet always client-driven and fully confidential. My predominant coaching communication style is conversational, straightforward and pragmatic but I readily flex this to suit the person in front of me and utilise a wide variety of dynamic coaching techniques and tools when appropriate. You will always be expected to generate and own any derived problem solutions.

I hold an ILM Level 7 Certificate in Executive Coaching & Mentoring and I am a certified NLP Master Practitioner. I am also the author of the popular book "The Resilient Professional."

What will I expect from you?

You will be held to a high standard of responsibility, timeliness and accountability. You will be expected to be engaged, resourceful, respectful and to take full responsibility for your own success in achieving your desired results.

Typical results gained by my clients:

- Enhanced workforce morale & reduced stress via the positive ripple effect of coaching programs
 - Higher return on investment for "soft skills" training via targeted post-course coaching follow-up
 - Key staff & teams rapidly returned to performing at their very best
 - Reduced staff sickness and less staff attrition
 - Valuable and flexible people management options for HR, L&D, L&E and all executive teams
 - Improved bottom line profits
 - A healthier, happier and more resilient workforce...
- ... and so much more besides

If you feel the chemistry will be right then let's investigate and explore the options.

You can contact me today via my website contact form at: www.andrewdpope.com